

**THE PRACTICAL LESSON COURSE SCHEDULE ON
“NUTRITION”
FOR THE STUDENTS OF 3 COURSE (MEDICAL FACULTY № 2)**

№ of group	Teacher of group	Topic № 1 date/ time	Topic № 2 date/ time	Topic № 3 date/ time	Topic № 4 date/ time	Topic №5 date/ time
5639M2a	O.V. Kuzminska	06.02.2018 (13.40-15.20)	13.02.2018 (13.40-15.20)	20.02.2018 (13.40-15.20)	27.02.2018 (13.40-15.20)	06.03.2018 (13.40-15.20)
5638M2a	N.V. Velyka	07.02.2018 (13.40-15.20)	14.02.2018 (13.40-15.20)	21.02.2018 (13.40-15.20)	28.02.2018 (13.40-15.20)	07.03.2018 (13.40-15.20)
5637M2a	O.V. Kuzminska	08.02.2018 (8.20-10.00)	15.02.2018 (8.20-10.00)	22.02.2018 (8.20-10.00)	01.03.2018 (8.20-10.00)	15.03.2018 (8.20-10.00)
5640M2a	N.V. Velyka	08.02.2018 (8.20-10.00)	15.02.2018 (8.20-10.00)	22.02.2018 (8.20-10.00)	01.03.2018 (8.20-10.00)	15.03.2018 (8.20-10.00)
5636M2a	O.V. Kuzminska	22.03.2018 (8.20-10.00)	29.03.2018 (8.20-10.00)	05.04.2018 (8.20-10.00)	12.04.2018 (8.20-10.00)	19.04.2018 (8.20-10.00)
5630Ca	N.V. Velyka	12.04.2018 (8.20-10.00)	19.04.2018 (8.20-10.00)	26.04.2018 (8.20-10.00)	03.05.2018 (8.20-10.00)	10.05.2018 (8.20-10.00)
5628M2a	O.V. Kuzminska	18.04.2018 (8.20-10.00)	25.04.2018 (8.20-10.00)	16.05.2018 (8.20-10.00)	23.05.2018 (8.20-10.00)	30.05.2018 (8.20-10.00)
5633M2a	O.V. Kuzminska	18.04.2018 (13.40-15.20)	25.04.2018 (13.40-15.20)	16.05.2018 (13.40-15.20)	23.05.2018 (13.40-15.20)	30.05.2018 (13.40-15.20)
5632M2a	N.V. Velyka	20.04.2018 (8.20-10.00)	27.04.2018 (8.20-10.00)	04.05.2018 (8.20-10.00)	11.05.2018 (8.20-10.00)	18.05.2018 (8.20-10.00)
5631M2a	O.V. Kuzminska	20.04.2018 (11.00-12.40)	27.04.2018 (11.00-12.40)	04.05.2018 (11.00-12.40)	11.05.2018 (11.00-12.40)	18.05.2018 (11.00-12.40)
5634M2a	O.V. Kuzminska	20.04.2018 (13.40-15.20)	27.04.2018 (13.40-15.20)	04.05.2018 (13.40-15.20)	11.05.2018 (13.40-15.20)	18.05.2018 (13.40-15.20)
5635M2a	N.V. Velyka	20.04.2018 (13.40-15.20)	27.04.2018 (13.40-15.20)	04.05.2018 (13.40-15.20)	11.05.2018 (13.40-15.20)	18.05.2018 (13.40-15.20)
5629M2a	O.V. Kuzminska	26.04.2018 (11.00-12.40)	03.05.2018 (11.00-12.40)	10.05.2018 (11.00-12.40)	17.05.2018 (11.00-12.40)	24.05.2018 (11.00-12.40)

№№ Topic of practical lesson

1. Dietetic characteristics of milk and dairy products.
2. Dietetic characteristics of meat and meat products.
3. Dietetic characteristics of fish and seafood products, eggs and eggs products.
4. Dietetic characteristics of bread and cereal products, confectionery products.
Sweets.
5. Dietetic characteristics of vegetables, fruit and berries, nuts.

Head of the department
Of hygiene and ecology N4,
Ass.prof.



N.V. Velyka

**“Nutrition” course schedule of self-educational extramural work
for 3rd year students of *MEDICAL FACULTY № 2*
for the spring-summer term of 2017-2018 academic year**

№	Topic	Duration, hours	Type of control
1.	Preparing to practical lessons – theoretical preparing and acquisition of practical skills	10	Regular control on practical lessons
2.	Self-training preparation of a topic which is not includes in the lectures and practical lessons course schedule		
	<ol style="list-style-type: none"> 1. Modern approach to food safety 2. Problems of overweight 3. Anticancer nutrition 4. Healthy nutrition pyramid and its principles 5. Nutrition of various age and profession groups 6. Bases of clinical-preventive nutrition 7. Recent technologies in nutrition now a days 	<p>4</p> <p>4</p> <p>4</p> <p>6</p> <p>4</p> <p>4</p> <p>4</p>	Regular control on practical lessons
3.	Individual research self-training work*	10	--/--
TOTAL		50	

*Individual research self-training work - Calculating individual requirement for basic nutrients

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**THE PRACTICAL LESSON COURSE SCHEDULE ON
“NUTRITION”
FOR THE STUDENTS OF 3 COURSE (*DENTISTRY FACULTY*)**

№	Topic of practical lesson	Duration (hours)	Date
1	Dietetic characteristics of milk and dairy products.	2 (11.00-12.40)	06.02.2018 (5622aCa), 21.03.2018 (5622Ca), 22.03.2018 (5621Ca)
2	Dietetic characteristics of meat and meat products.	2 (11.00-12.40)	13.02.2018 (5622aCa), 28.03.2018 (5622Ca), 29.03.2018 (5621Ca)
3	Dietetic characteristics of fish and seafood products, eggs and eggs products.	2 (11.00-12.40)	20.02.2018 (5622aCa), 04.04.2018 (5622Ca), 05.04.2018 (5621Ca)
4	Dietetic characteristics of bread and cereal products, confectionery products. Sweets.	2 (11.00-12.40)	27.02.2018 (5622aCa), 11.04.2018 (5622Ca), 12.04.2018 (5621Ca)
5	Dietetic characteristics of vegetables, fruit and berries, nuts.	2 (11.00-12.40)	06.03.2018 (5622aCa), 18.04.2018(5622Ca), 19.04.2018 (5621Ca)

The teachers of groups:

- N.V. Velyka- 5622 Ca;
- O.V. Kuzminska – 5621Ca, 5622aCa.

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N.V. Velyka

**“Nutrition” course schedule of self-educational extramural work
for 3rd year students of stomatological (dental) faculty for
the spring-summer term of 2017-2018 academic year**

No	Topic	Duration, hours	Type of control
1.	Preparing to practical lessons – theoretical preparing and acquisition of practical skills	10	Regular control on practical lessons
2.	Self-training preparation of a topic which is not included in the lectures and practical lessons course schedule		
	1. Modern approach to food safety	4	Regular control on practical lessons
	2. Problems of overweight	4	
	3. Anticancer nutrition	4	
	4. Healthy nutrition pyramid and its principles	6	
	5. Nutrition of various age and profession groups	4	
	6. Bases of clinical-preventive nutrition	4	
	7. Recent technologies in nutrition now a days	4	
3.	Individual research self-training work*	10	--/--
TOTAL		50	

*Individual research self-training work - Calculating individual requirement for basic nutrients

Head of the department
Of hygiene and ecology N4,
Ass.prof.



N.V. Velyka